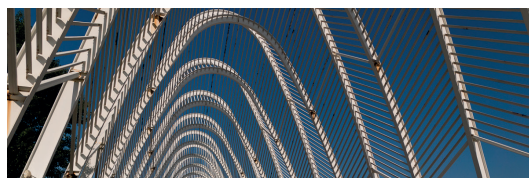
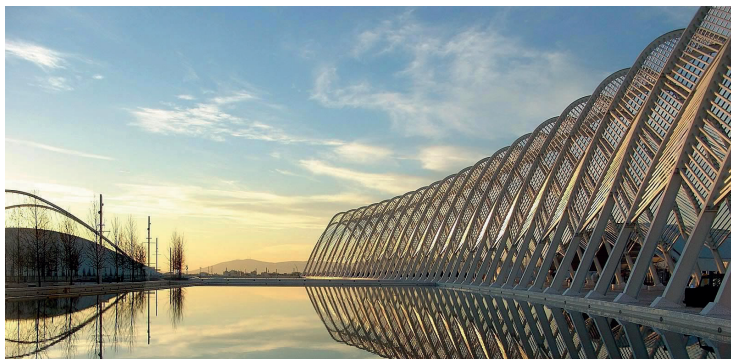


# VII MIPS

ANNUAL MEETING



## PRELIMINARY PROGRAMME



ABSTRACT SUBMISSION  
DEADLINE **15 Feb 2020**



**Athens**  
Crowne Plaza Athens  
**4-6 June 2020**

### Meeting Chairs

**Themistoklis Grigoriadis**  
**Charalampos Konstantinidis**

### MIPS President

**Diaa Rizk**



WEBSITE  
[WWW.MIPSNET.ORG](http://WWW.MIPSNET.ORG)

Dear Friends and Colleagues,

It gives me great pleasure, as the President, to announce The Seventh MIPS Annual Meeting. The venue is the historical city of Athens, Greece: one of the world's oldest metropolis and the cradle of Western civilization that is central to economic, scientific, maritime, political and cultural history of the Mediterranean region. The meeting will be held on 4-6 June, 2020 in the Athens Crown Plaza Hotel located in the city centre within an easy reach to the Acropolis/Parthenon and Syntagma square. The scientific theme is "Towards an evidence-based clinical practice of pelvic floor dysfunctions in the Mediterranean region".

Congratulations to our Host Chairs: Drs, Themistoklis Grigoriadis and Charalampos Konstantinidis, who will most certainly organize an excellent meeting to build on the outstanding successes of the previous six annual MIPS meetings. The scientific programme is multi-disciplinary and specific to health care provider's educational needs and training priorities as well as patient care in the Mediterranean countries for both male and female pelvic floor disorders. There will be three free communication sessions with two awards for the best basic science and clinical presentation. The winners will receive free MIPS annual subscription for 2020 as well as free registration for MIPS 2021. I advise our young colleagues, whether fellows or residents, to use this opportunity, to share their research findings with Mediterranean colleagues.

We would like to cordially invite you to attend our seventh Annual Meeting to further the scientific interaction and friendship between health care providers working in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients. Your participation in the Business Annual General Meeting of Members is very important to us because we want to listen to your views and ideas and maintain our personal interaction with all of our members.

Themos, Charalampous, Natalia Trotta our Executive Director, and I are very much looking forward to welcome you in Athens in June, 2020!

Diaa Rizk , MIPS President



## THURSDAY, 4 JUNE

|               |   |
|---------------|---|
| 11.00 - 11.45 | Registration  |
| 11.45 - 12.00 | Opening Ceremony  |
| 12:00 – 13:50 | <b>Plenary Session 1   Chronic Pelvic Pain</b>                              |
| 12:00 – 12:20 | Terminology and classification  |
| 12:20 – 12:40 | Male Chronic pelvic pain  |
| 12:40 – 13:00 | Female Chronic pelvic pain  |
| 13:00 – 13:20 | The role of PRM in evaluation and management of CPP                         |
| 13:20 – 13:40 | Chronic pelvic pain   BPS-IC  |
| 13:40 – 13:50 | Discussion  |
| 13:50 - 14:35 | Welcome Buffet  |
| 14:35 – 16:45 | <b>Plenary Session 2   Female Stress Urinary Incontinence</b>               |
| 14:35 – 14:55 | Synthetic tapes: still the “gold standard”?                                 |
| 14:55 – 15:15 | Morbidity from Burch and Autologous fascial sling. What women need to know? |
| 15:15 – 15:35 | Bulking agents: When and why?   |
| 15:35 – 15:55 | Tapes for complex cases   |
| 15:50 – 16:15 | The role of physiotherapy   |
| 16:15 – 16:35 | Genitoury Fistulas (incontinence related fistulas)                          |
| 16:35 – 16:45 | Discussion  |
| 16:45 - 17:10 | Coffee Break  |



## THURSDAY, 4 JUNE

### 17:10 – 19:00 **Plenary Session 3 | OAB**

|               |   |
|---------------|---|
| 17:10 – 17:30 | Epidemiology, quality of life, diagnostic work-up             |
| 17:30 – 17:50 | The place of conservative management in OAB- Rec UTIs         |
| 17:50 – 18:10 | Pharmacologic therapies: a 2020 update                        |
| 18:10 – 18:30 | The use of botulinum toxin: from clinical trials to real life |
| 18:30 – 18:50 | Neuromodulation   |
| 18:50 – 19:00 | Discussion  |

19:00 – 20:00 **MIPS BOARD MEETING**  
For MIPS Board members only

## FRIDAY, 5 JUNE

### 08.30 – 09.30 **Abstract Session 1**

### 09:30 – 11:00 **Plenary Session 4 | Postprostatectomy Incontinence**

|               |   |
|---------------|---|
| 09:30 – 09:50 | Is there a way to prevent incontinence? |
| 09:50 – 10:10 | The place of Conservative treatment     |
| 10:10 – 10:30 | Slings                                  |
| 10:30 – 10:50 | Artificial sphincter                    |
| 10:50 – 11:00 | Discussion                              |

11:00 – 11:30 Coffee Break

### 11:30-12:30 **Abstract Session 2**

#### **Debate Club-1**

#### **Caesarean section on maternal request to prevent POP and UI**

|               |                                 |
|---------------|---------------------------------|
| 12:30 – 12:45 | YES: A rightful choice          |
| 12:45 – 13:00 | NO: The risks outweigh benefits |
| 13:00 – 13:20 | Discussion                      |

#### **SUFU Lecture**

QOL in Urogynaecology: What can I do with all these PROs?

13:40 – 14:30 Lunch

## FRIDAY, 5 JUNE

### 14:30 – 16:25 **Plenary Session 5 | Surgical treatment of POP – Controversies after mesh crisis**

- 14:30 – 14:50 No meshes needed: The art of transvaginal native tissue surgery
- 14:50 – 15:10 Laparoscopic approaches with meshes
- 15:10 – 15:30 Laparoscopic approaches with native tissues
- 15:30 – 15:50 Mesh Complications of POP surgery
- 15:50 – 16:10 Nursing inventions in PDF
- 16:10 – 16:25 Discussion

16:25 - 16:55 Coffee Break

### 16:55 – 18:45 **Plenary Session 6 | Female Sexual Dysfunction**

- 16:55 – 17:15 The role of a Sexologist in FSD related to PFDs
- 17:15 – 17:35 The impact of urogynecological surgery on PFD related sexual dysfunction
- 17:35 – 17:55 Cosmetic Gynecology: PRP + Hyaluronic acid
- 17:55 – 18:15 Laser: What we Known Today, what is the future
- 18:15 – 18:35 Can we treat Female Sexual Dysfunction with Physiotherapy?
- 18:35 – 18:45 Discussion

18:45 – 19.15 **MIPS ANNUAL GENERAL MEETING**  
For MIPS members only



**SATURDAY, 6 JUNE**

08.30 - 09.30 **Abstract Session 3**

**Debate club-2**  
**Preoperative Urodynamics for SUI**

09:30 - 09:45 Yes! The bladder is an unreliable witness  
09:45 - 10:00 No! I trust my clinical judgment  
10:00 - 10:15 Discussion  
10:15 - 10:35 Research Update: New molecular targets for OAB

10:35 - 11:05 Coffee Break

11:05 - 12:55 **Plenary Session 7 | Special considerations of Neurogenic LUTS**

11:05 - 11:25 **SINUG Lecture**  
Neurogenic Urinary incontinence  
11:25 - 11:45 UTI's: Current Concepts in neurogenic patients  
11:45 - 12:05 Neurological Disabilities in Pregnancy  
12:05 - 12:25 Challenges in intermittent catheterizations  
12:25 - 12:45 The role of a specialized nurse in a Urodynamic unit  
12:45 - 12:55 Discussion

**Debate club-3**  
**Uterus preserving surgery for POP?**

12:55 - 13:10 Yes, always if is not contraindicated  
13:10 - 13:25 No, this surgery is suboptimal  
13:25 - 13:40 Discussion

13:40 - 14:00 Closing Ceremony, Best Abstract Awards – MIPS 2021 Announcement



## VENUE

Crowne Plaza Athens - City Centre  
Michalacopoulou Street 50, Athens - 11528 | Greece

## REGISTRATION

Register online at [www.mipsnet.org](http://www.mipsnet.org) or send registration form to the organizing secretariat together with the receipt of payment by 1st May 2020. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

### Take advantage of the MIPS member registration fees! Become a member now!

| Registration Fees*                  | MIPS MEMBERS     |                  | NON MEMBERS      |                  |
|-------------------------------------|------------------|------------------|------------------|------------------|
|                                     | Until 15th March | After 15th March | Until 15th March | After 15th March |
| MD, PhD                             | 250€             | 300€             | 300€             | 350€             |
| Nurses, Physiotherapists, Midwives  | 150€             | 200€             | 200€             | 250€             |
| Resident/Trainee/ Research Fellow** | 120€             | 120€             | 150€             | 150€             |
| Least developed country***          | 80€              | 80€              | 150€             | 150€             |
| Trainees Least developed country*** | 50€              | 50€              | 50€              | 50€              |
| Social Dinner                       | 80€              | 80€              | 80€              | 80€              |

\* Fee is intended per person, in Euros, VAT free. The registration fee includes certificate of attendance, CME and UEMS related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration, please contact the Organizing Secretariat in order to take advantage of registration package.

\*\* Requires letter from chair/supervisor with Registration Form.

\*\*\* Based on the World Bank Classification. Requires proof of passport with registration.

## ABSTRACTS

DEADLINE for Abstract Submission is 15th February 2020

Presentation Methods:

Oral (Podium) presentation

Video presentation

Non-Discussed posters

Abstract Agreements

If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

## UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

The VII MIPS Annual Meeting will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for accreditation of the scientific programme.

## BECOME A MIPS MEMBER NOW

Standard Membership fees to MIPS

Doctors € 50,00

Nurses 25€

Physiotherapists € 25

Midwives € 25

Trainees € 25

Further information about MIPS and more affiliation options are available at [WWW.MIPSNET.ORG](http://WWW.MIPSNET.ORG)



